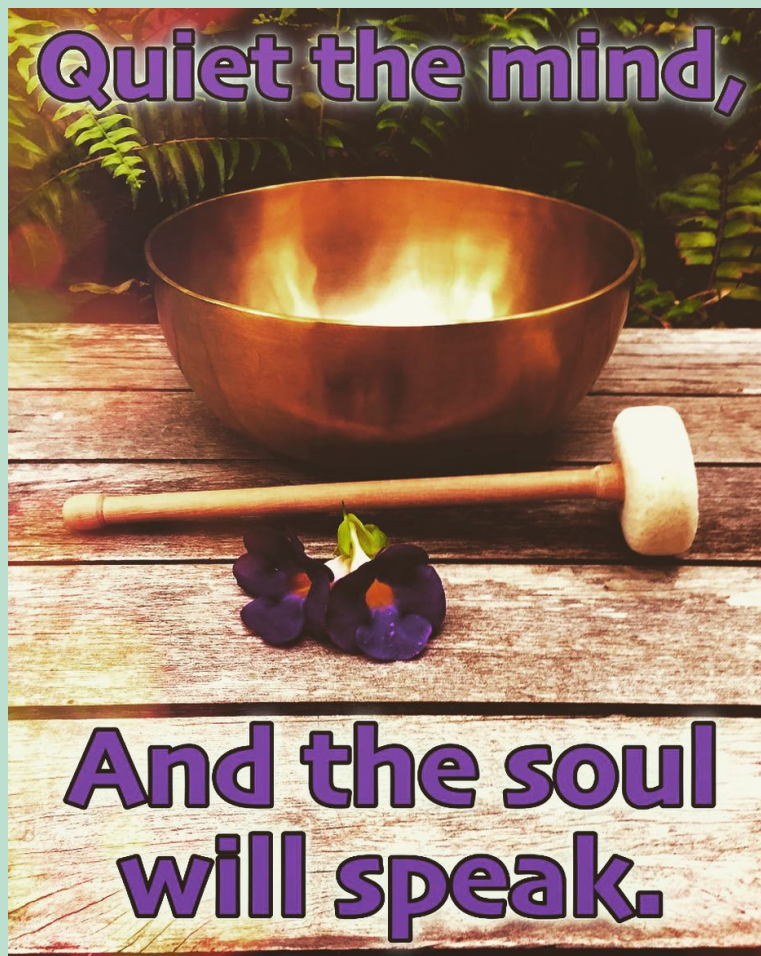


Singing Bowl Sound Meditation

Wednesday, March 20, 2019

Times: 6:00-7:00pm or 7:30-8:30pm

**Miller's Nook
47 Church St.
Franklin, NJ**



Come join me for a relaxing intimate Sound Meditation with Himalayan & Crystal Singing Bowls. Let the sounds and vibrations fill your body to bring you peace and calmness.

Bring your yoga mat and blanket (I do have a couple extra).

Space is limited to 4 people per session. Please call Crystal at 973-823-8606 to reserve your space. A small deposit is required. Energy exchange for this event is \$25.00.

Hope to see you there! ~Nancy

Hosted by: **HOLISTIC MOUNTAIN THERAPIES**

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862-203-5077